

July 2009

WAUSAU WHITEWATER

2009 SEASON

3 MAJOR EVENTS

10 REC RELEASES

14 TRAINING EVENTS!

1 COMPASSION EVENT

5 KAYAK THROWDOWNS!

www.wausauwhitewater.org



FEATURED SECTION JULY EVENTS

OC NATIONALS/NORTH AMERICAN CHAMPIONSHIPS, OC CLINIC, SWIFTWATER RESCUE CLINIC, REC RELEASES JULY 12 & 26

American Canoe Association Open Canoe Nationals and North American Championships, July 31 - August 2, 2009

Welcome Open Boaters to Wausau! We are excited to have you back once again to compete in the OC Nationals & North American Championships at Whitewater Park in Wausau, WI !

Registration includes: 2 classes, 3 lunches (Friday, Saturday, & Sunday), picnic Saturday night, and custom-designed 2009 OC Event T-shirt. Register early!!!! T-shirts will be limited to first 100 participants.

More info and register for this event online at:
<http://www.wausauwhitewater.org/Events.htm#ACA>

Practice Water. Recreational release Sunday July 26. Practice Monday & Tuesday (respecting clinic and gate hanging) Practice with gates Wednesday, Thursday. Hours 10 to 4. Esquif will have boats available for use. Volunteers are needed throughout race days for various jobs. Please contact Ruth at: rmjaeger@frontiernet.net or Julie at: design@dwave.net

As always, there is free camping right onsite on the river or you can enjoy a room at one of our many lodging partners. See the lodging page at <http://www.wausauwhitewater.org/Lodging.html> and call with the code word "Kayak".

Additional camping is available by calling the Wausau/ Marathon County Park Department at 715-261-1550.

VOLUNTEER !!!

Wausau Whitewater is a non profit organization made up of volunteers! Volunteers are needed for any part of OC Nationals 7/31-8/2 in Judging, Safety, Scoring, Lunch, Event Setup 7/30, 8-11am or Tear down 8/2.

Help is also needed for the Midwest Freestyle Championships Aug 15-16 in Safety, Registration, Computer entry of scores.

We could not function without the participation of volunteers like you! To become a part of one of this year's events, Contact Julie at wkcc@dwave.net or go to <http://www.wausauwhitewater.org/Volunteering.htm> We are grateful for your help in volunteering!

FIRST DESCENTS CAMP AT WAUSAU

Wausau Whitewater hosted our 2009 compassion event on June 30th called "First Descents" at Whitewater Park.

First Descents is a non profit organization that provides whitewater kayaking and other outdoor adventure experiences to promote emotional, psychological and physical healing for young adults with cancer.

The 1 day camp at Wausau had expert paddlers Brad Ludden of FD, Nike & Dagger Kayaks along with Rebecca Giddens (silver medal 2004 Olympics) among the guides to lead these young adults with cancer down the course.



TRAINING IN JULY/AUGUST

Introduction to Basic Kayak Class at all Recreation Releases

With Bearpaw instructors @ Wausau Recreation Releases.

The July 12 class is full. limited openings for Sat. July 26. More availability for Aug & Sept dates. Advance registration is required, so register early for this class held during one of our Rec Releases and bring your friends to try out Whitewater kayaking! Register Today @ www.wausauwhitewater.org/Training.htm

Swiftwater Rescue Training Clinic

With Scott Berry from Bearpaw Adventure - July 16 & 17 See sidebar. Class limited. Register Today @ www.wausauwhitewater.org/Training.htm

Open Canoe Clinic

With North American Champion Andy Walker - July 27 & 28
1 opening left. more info @ www.wausauwhitewater.org/Training.htm

Jackson Kayak Freestyle Training Clinic

With Colin Kemp & John McConville August 13-14
Class size limited. 4 openings left. Register Today @ www.wausauwhitewater.org/Training.htm

RECREATIONAL RELEASES

JULY 12, SUNDAY

JULY 26, SUNDAY

AUGUST 8 & 9 SAT & SUN

SEPTEMBER 5 & 6 SAT & SUN

(LABOR DAY WEEKEND)

SEPTEMBER 19 & 20 SAT & SUN

(FINAL FLOW WEEKEND!)

SWIFTWATER RESCUE TRAINING CLINIC JULY 16 - 17, 2009



Here's What to Expect
This 2 day class teaches recognition and avoidance of common river hazards, execution of self-rescue techniques, and rescue techniques for people in distress.

- Emphasis is placed both on personal safety and on simple, commonly used skills.
- Techniques for dealing with hazards that carry greater risks for both victim and rescuer, such as strainers, rescue vest applications, entrapments, and pins, also are practiced.
- Scenarios will provide an opportunity for participants to practice their skills both individually and within a team/group context.
- This course will focus on safety for rescuers as well as the equipment and rope work to go with them. You will be able to experience the force of the swiftwater in different rescue situations.

Register online at:

<http://www.wausauwhitewater.org/Training.htm>

Web Page www.wausauwhitewater.org

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